

A tough topic made a little easier!

Secrets of Life and Death

film and discussion with

Dr. Michelle Peticolas

filmmaker, hospice worker and student of Sufism

Featuring the award-winning film:

Caring for Dying: *the art of being present*

Searching for people gifted in the art of caregiving, the filmmaker discovers, more than a primer for success, a recipe for forgiveness. Marcia and Rick struggle with their new relationship while one of them readies to die; Christine's mother and stepfather are dying, but she can only care for one of them; and in one long night Frank Ostaseski discovers he is more than just "Mr. Hospice." After the film, Dr. Peticolas will lead a discussion on taking care of yourself while caring for someone facing death.

Poppy Jasper
Film Festival
Best Documentary

Western
Psychological
Association
Film Festival

Thursday, March 11th
7-9 pm

First Unitarian Universalist Church of San Francisco
1187 Franklin Street, San Francisco
(415) 776-4580

Donation: \$10

www.secretsoflifeanddeath.com